



## BEDFORDSHIRE COUNTY COACH EDUCATION PROGRAMME 2022-2023

### Defending Workshop delivered by Sam Brightman on 2<sup>nd</sup> October 2022

As part of the Bedfordshire's Coach Education Programme developed by Maggie Jackson and Hayley Mackellar to support coaches who are working in local clubs, five coaches have now started the Part 2 Programme in their second year and a new set of young "18-30s" Coaches are embarking on their new bespoke programme for the 2022/2023 season.



They were joined by 10 additional coaches who registered onto this particular workshop delivered by Sam Brightman; a super inspiring and reflective coach who has developed her knowledge and experiences in Bedfordshire, Bath and Loughborough. She is now working at Bedford Modern School.



The workshop included club players who were put through their paces and worked extremely hard.



The next workshop open to ALL coaches both from within Bedfordshire and beyond is to be on Saturday 19<sup>th</sup> November in Flitwick 2pm-5pm. The cost is £35. It will be delivered by Ann Marie Muller (Dwyer) with a focus on Shooting pairings, Ammo, a former Hertfordshire and Mavericks player and coach is an exciting tutor and one not to be missed!

Please contact Maggie Jackson [margaretjackson5654@gmail.com](mailto:margaretjackson5654@gmail.com) if you wish to register for it