



BEDFORDSHIRE COUNTY NETBALL COACH EDUCATION PROGRAMME 2022-23

Bedfordshire CNA Shooting Workshop delivered by Ann Marie Dwyer nee Muller, November 19th 2022

The second workshop took place on Saturday 19th November for all coaches embarking on the 2022/2023 Part 2, the 18-30s Coach Education Programme and also any local club coaches wanting to attend the workshops. This time we welcomed Ammo, a very experienced coach who started her playing and coaching career in Hertfordshire and she also successfully played for England and the Hertfordshire Mavericks Franchise when it was set up. 20 coaches attended the excellent shooting workshop where players enjoyed being challenged and the coaches who attended the session had the opportunity to go away with ideas on how important it is for the shooters to practice when tired.

They were joined by 10 additional coaches who registered onto this particular workshop relating to awareness of their shooting partner and the mid courts positioning.



We are delighted coaches from Westoning NC, Leighton Buzzard, Tornados NC, Olney NC, Team Beds NC, Samuel Whitbread School, Bedford Community NC, Beds PDP and the Saracens Mavericks Pathway, attended the Shooting Workshop



The next Workshop open to ALL coaches both from within Bedfordshire and beyond is to be on Saturday 18th February in Flitwick 2pm-5pm. It would be great to see more local club coaches attending. The cost is £35. It will be delivered by Denise Ellis, a former England U21 Coach and currently Director of Netball at University of Exeter with a focus on progressing relevant practices to help players in a variety of game contexts this workshop is always essential for all coaches to learn from.

Please contact Maggie Jackson margaretjackson5654@gmail.com if you wish to register.